



What to bring to Girls State

A positive attitude . . . energy . . . enthusiasm . . . a big heart . . . laughter and

Clothing

- Six days worth of casual clothes

You will possibly spend some time outside, so nice shorts (no cut-offs) are appropriate. If your school allows you to wear shorts, follow those guidelines for what is acceptable. Casual clothing may also include pants, nice jeans, skirts, and comfortable shoes.

- Two to three nice outfits

You will wear these outfits for various evening activities, when we have notable speakers, or if you decide to run for office. This can include nice pants, khakis, skirts, or a casual dress or sundress. (If you bring strapless tops or dresses, please include some sort of sweater or jacket in case you are participating in ALA Girls State proceedings.)

- One to two dresses, suits, skirts, or nice pants

These should be something that you would wear to church or another special occasion. This is not semi-formal.

- Shoes

Since citizens will walk from activity to activity, comfortable shoes are a necessity. You should bring shoes for your less casual outfits. Shower shoes or flip-flops will come in handy in the dorm.

- Sleepwear

You will need sleepwear for six nights. There will be night meetings in dorms where loungewear will be appropriate.

Toiletries and Other Personal Items

Please note that there are community showers on the dorm floors.

- Soap, shampoo, toothbrush, toothpaste, etc.
- Towels and washcloths
- Robe
- Flip-flops for the showers
- Bed linens – Bring twin-sized extra-long sheets, a warm blanket, comforter, or sleeping bag and a pillow. (Note: Air-conditioned dorm rooms can get very cool at night.)
- Necessary medication prescribed by your physician or over-the-counter medication that you take on a regular basis or take occasionally (i.e. Advil or Tylenol)

Miscellaneous Items

- Sweater or jacket for cool, air-conditioned meeting rooms
- Alarm clock
- Musical instrument(s) – The Chorus provides opportunities to play during musical presentations.
- Clothes hangers – Each room provides hanging space and drawer space for storing clothing.
- Camera
- Pens, pencils and notebook paper
- Tote bag or backpack – You will be walking from activity to activity and may want to carry personal items and your notebook with you.
- Snacks, if you choose
- Water bottle, if you choose

Operation Military Kids (OMK) Donation

Money

Though your sponsorship fee covers the expense of your meals and accommodations, please consider the following when deciding the amount of extra money to bring:

- Food

At ALA Girls State, your meals are covered by your sponsorship fee. You may want to bring change for snack vending machines located in dorm buildings.

- Girls State Store

You will have the opportunity to purchase items from the ALA Girls State Store. Items may include sweatshirts, t-shirts, shorts, and other souvenirs. Prices range from \$0.50 to \$50.00. The store accepts cash and checks.

- Keys

Please note that all citizens are required to lock dorm rooms with the provided key. If a citizen loses her key, she will be charged approximately \$90.00.

Unnecessary Items

Do not bring the following items, which are unnecessary during your stay at ALA Girls State:

- Refrigerators
- TVs
- Laptops or other computers (no wired/wireless Internet connection or printer access available)

Remember . . . you have to carry your own stuff!